



Brantwood Camp

Since 1904

– ONLINE RESOURCES –

WWW.BRANTWOOD.ORG

View photos and get information from
the official Brantwood Camp website.

Follow Brantwood Camp on Facebook.

The official Camp Page is: Brantwood Camp



Two great resources for parents of campers:

WWW.ACACAMPS.ORG

WWW.CAMPPARENTS.ORG

MESSAGE TO PARENTS

Welcome to Brantwood!

As we prepare for the camp season, I am inspired by the commitment and passion of all the people who share the belief that Brantwood has a positive impact on the campers we serve. The staff is eager to share the history, scenery and experience of Brantwood Camp with all who journey down the camp road.

Since 1904 Brantwood has continued to grow, evolving and improving each year, yet never losing sight of its core mission to provide “a fun, positive camping experience for boys and girls...who would not otherwise have had the opportunity...”

What is the secret that makes Brantwood so special? To me, it is a safe place that provides campers with a haven from the pressures of everyday life. We offer a sanctuary where kids can slow down and enjoy their youth. They spend their days playing sports, hiking, swimming, singing and enjoying the beautiful surroundings of Brantwood. Campers can challenge themselves and still be kids, hang out with their friends, learn and grow among a diverse group of peers and staff.

This handbook provides you with all the information about Brantwood Camp you'll need as you prepare your child for camp. Please use it as a reference to guide you right up to and through your child's term at Brantwood; it contains details that are crucial regarding transportation, packing, mail, and directions to camp, etc.

If you have any questions or concerns about Brantwood or the registration process, please feel free to contact me.

All the best,
Amy E. Willey
Interim Executive Director
Brantwood Camp

603-924-3542

TABLE OF CONTENTS

Message to Parents	1
Registration Details	4
Health Documents	5
Medications	6
Transportation	7
Directions to Brantwood	8
Parent/Camper Communication	10
Packing List	11
Miscellaneous Details	12
Camper Expectations	14
Preparing for Camp	15
Homesickness	16
A Typical Daily Schedule	<i>Back Cover</i>

REGISTRATION DETAILS

Camp Fee

The total fee for attending one term at Brantwood is \$250. A non-refundable payment of \$75 is required with the camper application. The remaining \$175, along with all necessary health paperwork must be submitted by 2 weeks before the start of your child's session. Campers receiving scholarships must make any agreed-upon parent contribution by 2 weeks before the start of your child's session.

Families who have not completed their registration, including the health paperwork, and made their final payment by 2 weeks before the start of their session, will lose their spot at camp.

Campers may only register for one term of camp per summer. Campers are registered in the order that their applications are completed. Campers are not considered to be registered until all necessary forms have been returned (see Health Documents page) and final payments received. Parents will be notified when their camper's registration is complete.

Travel fees are in addition to the \$250 camp fee.

Refund Policy

The initial fee of \$75 is non-refundable unless we are unable to register your child. Cancellations within two weeks of your camper's term are subject to forfeiture of the entire \$250.

Early Dismissal

Brantwood reserves the right to send a child home early if deemed necessary by the camp administration. It is the parent/guardian's responsibility to provide the necessary transportation or to pay the camp for the cost of transporting the child home.

Off-Season Inquiries

During the off-season the camp office is not staffed. Please email the camp for information between October 1 and June 1.

Summer Food Service Program

Brantwood participates in the Federal Summer Food Service Program which reimburses camps for food expenses. Please complete and return the SFSP form when you receive it.

HEALTH DOCUMENTS

Brantwood requires that a child submit a health history, which includes a permission to treat form so that the camp nurse can administer over-the-counter medications if necessary.

Additionally, the camper must submit a physical (done within the past 24 months), a copy of the front and back of their insurance card, and a copy of their immunization record. These documents must be received by June 1. **No camper will be registered until these documents have been received.**

If the child is due for a physical in the summer, please send the most up-to-date physical with the application and send the new physical as soon as it is completed.

Insurance

Parents/guardians will be responsible for all health-related charges incurred while their child is at Brantwood. A copy of the insurance card must be submitted with the application.

Health Facilities and Staffing

The Boys' Camp and the Girls' Camp have their own health facility on site, each staffed by a full-time nurse (RN or LPN) who is responsible for the health care of our campers. When necessary, Monadnock Community Hospital is just minutes away from Camp in case of an emergency or a needed office visit to the hospital.

Camp staff are certified in CPR and First Aid.

Emergencies

If your child requires care from the local hospital or the camp doctor you will be notified by phone by the camp nurse or the director.

MEDICATIONS WHILE AT CAMP

The Camp nurses administer medication according to the written directions provided by the camper's doctor.

If your child takes medication at home and you intend for him or her to receive it at Camp as well, please understand and abide by these following guidelines:

- In order for your child to receive either prescription or over-the-counter medication while at camp you must complete the medication form which will be in your registration packet. Prescription medications require a physician's signature.
- Drug holidays are generally not appropriate or successful at Brantwood. Please discuss any plans for a medication holiday with the Executive Director before camp begins.
- Medications must be sent in the original pharmacy bottle with the child's correct name and correct instructions on the label.
- If the instructions have been changed from what is written on the bottle we require new, signed instructions from the child's health care provider. Otherwise the medication will not be given.
- All inhalers must have your child's name on them.
- All medications must be kept in the infirmary and dispensed by the camp nurse. NH law prohibits keeping medication in the camper cabins. The only exception to this is asthma inhalers and epi-pens, which may be carried by the child only if the necessary form is signed by both physician and parent/guardian.
- At the end of each term all parents picking up their child at camp should collect their children's medications from the nurse. Campers traveling by bus will have their medications returned to their parent/guardian at the pick-up point.

Please be sure to send enough medication for the entire term (16 days).

TRANSPORTATION

Brantwood campers may use chaperoned bus transportation provided by Brantwood Camp or they can be dropped off at camp by their parent/ guardian. If you have reserved a spot on the bus please notify the camp immediately if you change your mind. The bus chaperones have rider lists, and if your camper is on the list we will be expecting them at the bus.

If someone other than the parent/guardian is picking up a camper from Camp or the bus drop-off locations, the Camp office must be notified in writing. Said person must be prepared to show picture identification to the Camp's representatives.

Prior to the departure of any bus, the Camp staff will orient the campers to bus safety and rules.

Jersey City, NJ, bus

The New Jersey bus stop is Hudson County School of Technology, 180 9th Street, Jersey City, NJ. On the first day of camp the bus will depart at 9:30 a.m.; on the last day of camp the bus will drop off at approximately 4 p.m. The cost for bus transportation from Jersey City is an additional \$75, which must be paid two weeks before departure.

Katonah, NY, bus

The Katonah bus stop is the Katonah Commuter Lot #3, 50 Wood Bridge Road, off Route 35. The bus departs at 11:30 a.m. on the first day of camp, and returns at 1:30 p.m. on the last day of camp.

Boston, MA, bus

The Boston bus stop is the parking lot of the Riverside MBTA Station in Newton, Mass. The address is 335 Grove Street, Newton, Mass. Buses will wait in the back left corner of the lot. Please arrive at the stop by 12:15 p.m. on the first day of camp. Buses return to the same spot at 1 p.m. on the last day of camp.

North Andover, MA, bus

The North Andover bus stop is at the North Andover Mall, 350 Winthrop Avenue, North Andover, MA. The bus stops on the Payless Shoes side of the mall. Please be at the bus stop by 12:30 p.m. on the

first day of camp. On the last day of camp the bus will drop off campers at 1 p.m.

Parent Transportation

Campers should arrive at camp between 3 p.m. and 4 p.m. on the first day of camp. Campers must be picked up by 11 a.m. on the last day of camp.

For your GPS use: **127 Brantwood Camp Road, Greenfield NH 03047.**

DIRECTIONS TO BRANTWOOD

From Boston and Eastern Massachusetts

Take Rt.128 North to Rt. 3 North. Follow Rt. 3 North to Exit 8, Rt.101A West toward Amherst and Milford. Travel 7.5 miles through many traffic lights before you make a left onto Rt.101 West toward Wilton and Keene. After 5 miles, turn left on Rt. 101 West. Continue on 101 West until you enter the town of Peterborough. Turn right onto Rt. 202 East/North towards Hancock and Antrim. Travel 1.1 miles on Rt. 202 and make a right onto Sand Hill Road (directly across from Jack Daniels Motor Inn). Go 3.9 miles up Sand Hill Rd. and the entrance to Brantwood will be on your left.

From Concord, NH and points Northeast

Take Route 202 West through Hillsborough and Antrim toward Peterborough. As you near the town of Peterborough, turn left onto Sand Hill Road (across from the Jack Daniels Motor Inn). Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.

From Keene, NH and points West

Follow Route 101 East to Peterborough. In Peterborough turn left onto Granite Street (202 North) towards Hancock/Antrim. Continue 1.1 miles and turn right onto Sand Hill Road (across from the Jack Daniels Motor Inn). Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.

From Jaffrey, NH and points South

Follow Route 202 east/north to Peterborough. Take a right at the light to stay on Route 202, passing the shopping center with the NH

State Liquor store. Turn left onto Granite Street (202 North) towards Hancock/Antrim. Continue 1.1 miles and turn right onto Sand Hill Road (across from the Jack Daniels Motor Inn). Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.

From Worcester, MA.

Follow Route I90 to Route 2-West. Follow Route 2-West to Gardner, Mass. From Gardner take Route 140 North to Route 12 North. In Winchendon, Mass. take a right onto Route 202 North and follow it into Jaffrey, NH.

From there follow the directions above.

From NYC and New Jersey

Take Route I95-N to New Haven, CT. In New Haven take I91-N through Connecticut and Massachusetts until you reach exit 3 in Brattleboro. Take exit 3 and follow NH 9-E and NH 101-E to Peterborough. Go through the lights in Peterborough, turn left onto Granite Street (202 North) towards Hancock/Antrim. Continue 1.1 miles and turn right onto Sand Hill Road. Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.

GPS service

Brantwood is in a very rural area; depending on who your carrier is there may be spotty or non-existent service. Download your directions or print them out or bring a map.

Approximate travel times

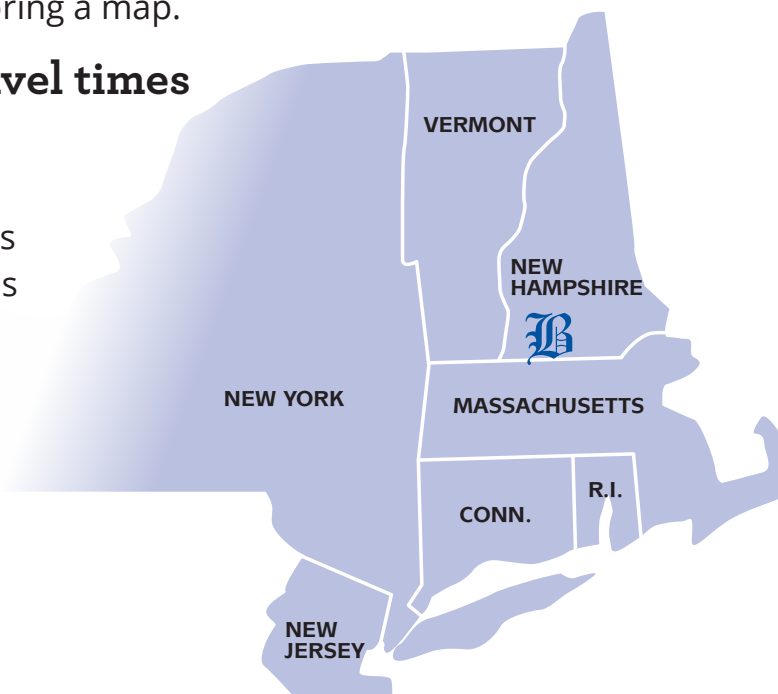
Boston: 2½ hours

Concord, NH: 1 hour

Keene, NH: 45 minutes

Jaffrey, NH: 20 minutes

New Jersey: 5 hours



PARENT/CAMPER COMMUNICATION

Mail and Care Packages

One of the best ways alleviate homesickness and show your camper that you are thinking about them is to send mail. We encourage you to send letters and postcards frequently while your child is at camp.

One great idea is to plan ahead and have a letter waiting for your child on the first day of camp – make the letter optimistic and encouraging.

You may send your camper a care package of candy or treats while they are at camp. **Care packages should be no larger than a shoebox.**

Please note that your camper will only have access to his/her food package during designated times in an effort to reduce the risk of unwanted critters in the living cabins.

Please be sure to include your child's name on care packages or letters.

US Postal Service address:

Camper's name
Brantwood Camp or Brantwood for Girls
PO Box 3350
Peterborough NH 03458

UPS/FedEx package address:

Camper's name
Brantwood Camp
127 Brantwood Camp Road
Greenfield NH 03047

To encourage your camper to write home, please send them with writing materials including pre-addressed, pre-stamped envelopes.

Telephone Policy

Campers are not permitted to use the telephone to make or receive calls. If a camper is sick or is facing a problem other than a typical level of homesickness we will call you. In the event of a family emergency, call the Camp's main office telephone at 603-924-3542 and we will work with you to convey necessary information to your camper.

PACKING LIST

Cabins have limited space so only bring what is absolutely necessary. Remember that the weather at camp can be very hot, chilly, and it **will** rain.

What to bring:

Sleeping bag or blanket	1 dress-up outfit for Prize Night (optional)
Pillow and pillowcase	Toiletries
2 towels (bath and beach)	Flashlight
Underwear and socks for 16 days	Day pack
5 pairs of shorts	Water bottle
3 pairs of long pants	Baseball or softball glove (if you own one)
8 T-shirts	Hat
1 sweatshirt	Bandana
1 rain jacket (with hood) and other desired rain gear (i.e., rain boots)	Insect repellent (non-aerosol)
2 bathing suits	A book and notebook
1 pair sturdy sneakers for sports	Pre-stamped, pre-addressed envelopes to home with paper
1 pair sandals or flip-flops	

Do not bring the items listed below to Camp. They are subject to confiscation for the whole term.

Chewing gum	Expensive, designer or valued clothing
Cigarettes / cigars	Make-up, jewelry, perfume, or hairspray
Vaping supplies	Hairdryers or curling irons
Fireworks / sparklers	Aerosols
Knives (including pocket knives) or other weapons	Alcohol or drugs
Cell phones, iPods, video games, etc.	
Expensive cameras	

MISCELLANEOUS DETAILS

Camp Store

Campers have access to the camp store. The store sells candy and soda on movie nights, and Brantwood-themed items at the end of the session. Send no more than \$25 in cash for your camper to spend at the store. Any money not spent will be returned to the camper at the end of the session.

Cell Phones

A residential camp experience is a unique opportunity for your child to become more confident and independent in a safe and supervised environment. An important part of our commitment to your child is to minimize distractions so that each camper can fully focus on the Brantwood program, activities, and opportunities to build relationships with the staff and the other campers. Cell phones are therefore not permitted in camp.

Communication

A member of the camp's staff will contact you via phone if there is a need to communicate anything about your child that is out of the ordinary (extreme homesickness, an illness, etc.). While your child is at camp Brantwood's priority is engaging your child in safe and fun activities, and providing supervision. If you have a particular concern you may call the Camp's main office and a Brantwood staff member will call you back during a time that does not disrupt programming.

Photographs and Media

Unless you indicate otherwise on the camper application, Brantwood Camp may take and use photographs, videos, or other media of your camper for its records or public relations (brochures, website, newsletter, presentations). Brantwood Camp does not approve or condone the use of any photographs, videos, or other media representation of campers of the Camp anywhere outside of the authorized Brantwood Camp publications or presentations.

Cabin Assignments

Campers are assigned to cabins based on age and number of years at Brantwood. We welcome but do not guarantee cabin requests.

Lost and Found

All personal items should be marked with the camper's name in permanent marker. Every effort will be made to return lost or misplaced clothing or belongings. However, the Camp is not responsible for campers' personal belongings.

Items Left at Camp

Brantwood Camp will make every effort to return items left at Camp. However, Brantwood is not responsible for these items nor is Brantwood able to incur the cost of shipping them back to their owner. Shipping costs must be paid for in advance. Found items will be held a maximum of three days after a session.

Facebook

Brantwood takes many photos during the course of each session and we do our best to post photos on Facebook every day.

Camper Behavior

Brantwood Camp staff are trained to set clear expectations for camper behavior within their cabin group and at each activity. Campers are encouraged to do their best in all aspects of the Camp program and to work to make positive contributions to the Camp community. There are times when the difficult decision must be made to have a camper leave the program before the end of the session. The directors will make the decision when a camper is demonstrating dangerous or aggressive behavior, is threatening their own safety or the safety of others, has difficulty following safety rules, has difficulty living in a cabin setting, is not participating in offered activities, or is otherwise disruptive to the Camp community. Parents of a dismissed camper are responsible for transportation home for that camper. When the responsibility for transportation for a camper who has been dismissed falls to the Brantwood staff, the family of the camper will be charged for round trip mileage and staff time.

Visitors

Brantwood Camp does not have a parent visiting day. We ask that you not visit your child during the Camp session. If there are extenuating circumstances please discuss the situation with the Executive Director beforehand.

CAMPER EXPECTATIONS

We find it helpful to make sure that campers and their families are aware of Brantwood's expectations before they arrive. First and foremost, it is crucial that each camper wants to come to Brantwood and is ready to approach our program eagerly. We ask that our campers strive to live up to Brantwood's Ideals: Honesty, Loyalty, Cooperation, Good Sportmanship, Unselfishness, and Respect.

Camper Rules

- I will use polite language when talking with others.
- I will keep my hands and feet to myself.
- I will accept diversity as part of the camp experience.
- I will not fight or be disruptive.
- I will follow directions.
- I will wear shoes at all times.
- I will stay with my group.
- When riding a bus I will sit in my seat facing forward, keep my hands and feet in the bus, and follow instructions from the driver or Brantwood staff.

Camper Responsibilities

- I will have fun.
- I will ask for help when I need it.
- I will be respectful of others.
- I will be open-minded about new experiences.
- I will help other campers.
- I understand that if I do not follow the rules I may be asked to leave Camp.

PREPARING FOR CAMP

Summer camp is often a new experience for parents as well as children. There are many ways to support your child as your camper prepares for sleep-away camp.

Begin preparing your camper by talking positively about camp. Stress “going” to camp rather than being “sent away to camp.”

Try not to say “we’re going to miss you terribly.” Or “we’ll try to remember to feed the dog.” Camp is a wonderful experience for children, try not to make them feel bad about going away.

Build up your camper’s enthusiasm by talking about some of the activities and the opportunities to make new friends.

Avoid saying “If you don’t like camp, you can come home.” Children who are experiencing difficulties adjusting to camp sometimes just give up and focus on going home.

Speak openly about homesickness before camp and let your camper know it is a natural feeling for everyone. Children who have the opportunity to work through feelings of homesickness feel a tremendous sense of pride and accomplishment. Camp is all about being on your own, enjoying the outdoors, and having new experiences.

While painting a picture of camp, don’t forget to mention some of the less glamorous realities: bugs, rain, communal living. Also acknowledge that new situations can be difficult. Discuss the positive ways your child can benefit from being away from home.

HOMESICKNESS

Feeling homesick is a natural part of every child's experience at summer camp. Parents or guardians can have a tremendous impact in helping a child work through homesickness. Brantwood finds these things helpful:

Send plenty of mail – but make sure the letters have a happy tone.

Supply your child with stamps and addressed envelopes so they can write letters home.

If you receive a homesick letter from your child don't be alarmed. Many campers complain because others are doing so, because they need reassurance, or because they feel guilty for having such a good time.

A homesick letter is a snapshot of a particular moment for your child: by the time you receive the letter chances are excellent that the moment has been forgotten.

A parent missing a child is just as common as a child feeling homesick. If you are feeling "kidsick" talk to other parents or friends about your feelings, but don't share them with your child.

Before your child leaves for camp emphasize that you are glad they have the opportunity to go to camp. Acknowledge that you will miss them, but don't emphasize your unhappiness. Tell them your plans for when they are away – but don't make them too exciting!

For some campers, it is harder to overcome homesickness. If this happens, the camper's counselor sits down with the camper and offers some concentrated personal attention. One of our primary goals is encouraging children to become independent. Homesickness is a feeling children learn to manage, not eliminate completely.

By working together – parents, staff, sponsors – we can help each child have fun at camp.