

Since 1904 Summer 2025

Camper Family Handbook

Brantwood Camp PO Box 3350 Peterborough NH 03458 603-933-0942

<u>brantwoodcamp@gmail.com</u> <u>www.brantwood.org</u>



Message to parents and sponsors from the Executive Director

Welcome to Brantwood Camp 2025!

As we prepare for the camp season, I am inspired by the commitment and passion of all the people who share the belief that Brantwood has a positive impact on the campers we serve. The staff is eager to share the history, scenery and experience of Brantwood Camp with all who journey down the camp road.

Since 1904 Brantwood has continued to grow, evolving and improving each year, yet never losing sight of its core mission to provide "a fun, positive camping experience for boys and girls...who would not otherwise have had the opportunity..."

We strive to provide an enjoyable experience for campers away from the pressures of everyday life. We offer a chance for kids to slow down and enjoy their youth. They spend their days playing sports, hiking, swimming, singing and enjoying the beautiful surroundings of Brantwood. Campers can challenge themselves, hangout with their friends, learn and grow with a diverse group of peers and staff.

This handbook provides you with all the information about Brantwood Camp you'll need to prepare your child for camp. Please use it as a reference to guide you right up to and through your child's term at Brantwood; it contains details that are crucial regarding transportation, packing, mail, and directions to camp, etc.

If you have any questions or concerns about Brantwood or the registration process please feel free to contact us.

Together For Brantwood,

Amy Boyd Executive Director 603-933-0942 aboyd@brantwood.org

Welcome to Brantwood, Let's get started!

Registration Details

If you are receiving this handbook, you have registered your camper for Summer 2025! Here are a few things to know about completing your registration for camp.

- All paperwork must be submitted by June 1, 2025!
- All Camper accounts must be reconciled by June 1, 2025
- Families that have not completed their registration, including the health paperwork, and made their final payment (or reconciled payment) by June 1, may lose their spot at camp. If you are having trouble meeting the deadline please communicate with us!
- Campers may only register for one term of camp per summer.
- Registrations are on a first come, first serve basis. Once a session is full, you will be put on the waitlist and notified if a spot opens up!
- Travel fees are in addition to the camp tuition fees, and are not covered by scholarship/financial aid. Any account balances including transportation fees can be paid in full or partial payments online with a card or in the mail by check. Please reach out if you are having trouble covering your remaining balance!
- The \$25 Commissary Store credit is included with tuition this year-we will not accept money with campers this year!

Refund Policy	Cancellations with fewer than two weeks notice prior to the start of your camper's term are subject to forfeiture of all payments made towards tuition or camp fees. If you need to cancel your registration due to medical reasons, please contact the Executive Director (aboyd@brantwood.org) or the office (brantwoodcamp@gmail.com) to discuss options.
Early Dismissal	Brantwood reserves the right to send a child home early if deemed necessary by the camp administration. It is the parent/guardian's responsibility to provide the necessary transportation or to pay the camp for transporting the child home.
Summer Food Service Program	Brantwood participates in the Federal SFSP. This program reimburses camps for food expenses. We are a non-profit camp; every family eligible who completes the form helps us lower our costs so we can offer even more to our campers. Please complete and return the SFSP form when you receive it. Feel free to contact the office (brantwoodcamp@gmail.com) with any questions or concerns about the form.
Questions?	During the off-season the camp office is staffed. Please email the camp office at brantwoodcamp@gmail.com for information between October 1 st and June 1 st .

Keeping Everyone Happy and Healthy

Health Documents	Required Health Documents Include: Medical Form (Online Form) Please make sure to include your Health Insurance Information on this form as well as Immunization records Copy of an Up to Date Physical, through last August This can be uploaded to your parent portal, emailed to us at brantwoodcamp@gmail.com, or mailed to us! If your camper needs an EpiPen/Inhaler, please also submit the EpiPen/Inhaler Permission form	
Insurance	Parents/guardians will be responsible for all health-related charges incurred while their child is at Brantwood. A copy of the insurance card must be submitted with the application if you would like it to be used. We also need the card holders name and birthdate.	
Health facilities and staffing	Each camp has their own health facility on site, staffed by a full-time nurse (RN or LPN) who is responsible for the health care of our campers. Monadnock Community Hospital is just minutes away from camp in case of emergency or a needed office visit. Camp staff members are certified in CPR and 1st Aid.	
Emergencies	If your child requires care from the local hospital, you will be notified by phone by the camp nurse or the camp director.	

Medications while at camp

The camp nurses administer medication according to the written directions provided by the camper's doctor.

- In order for your child to receive either prescription or over-the-counter medication while at camp you must complete the Medication section of the online form. If you are in need of a physical copy of the form sent to you, please contact the office.
- Medication holidays are not appropriate or successful at Brantwood. Please discuss any plans for a medication holiday with the Executive Director before camp.
- Medications must be sent in the original pharmacy bottle with the child's correct name and correct instructions on the label. For most epi-pens and asthma pumps, this means including the original packaging or obtaining an official copy of their prescription from your pharmacist or physician. epi-pens and inhalers should also be marked or labeled with your child's full name.
- If the dose and and/or indication instructions for your child's medicine are different from the package instructions, we require new and signed instructions from the child's health care provider. Otherwise the medication will not be given.
- All medications must be kept in the infirmary and dispensed by the camp nurse. NH law prohibits keeping medication in the camper cabins. The only exception to this is asthma inhalers and EpiPens, which may be carried by the child only with signed permission from both physician and parent/guardian. See our online forms resources (QR code access on left) for the permission form for epi-pen or asthma pump self-carry.
- At the end of each term, your family's designated pick-up person should collect your children's medications from the nurse. Campers traveling by bus will have their medications returned to their parent/guardian at the pick-up point.

Please be sure to send enough medication for the entire term (14 days).

And it must be in the original bottle, not in daily pill containers.

Getting to Camp!

Bus Transportation

Brantwood campers may use chaperoned bus transportation provided by Brantwood Camp or they can be dropped off at camp by their parent/guardian. The cost for participation in our bussing to and/or from Brantwood Camp is \$75 per camper for NY/NJ Buses & \$50 for Boston Area Buses. If you have reserved a spot on the bus please notify the camp **immediately** if you change your mind. The bus chaperones have rider lists, and if your camper is on the list, we will be expecting them at the bus.

Prior to the departure of any bus, the camp staff will orient the campers to bus safety and rules.

If someone other than the parent/guardian is picking a camper up from camp or the bus drop-off locations, the Camp office must be notified in writing. Pick-up person must be prepared to show picture identification to the camp's representatives.

PLEASE NOTE NEW DROPS OFF TIMES TO GET TO CAMP EARLIER

Jersey City, New Jersey	Explore Middle School, 180 9th Street, Jersey City, NJ 07302 Bus Pick Up: 8:00 - 8:30am Bus Drop Off: 5:00 -5:30pm	
Katonah, New York (Katonah metro station)	Katonah Metro-North Train Station, 70 Katonah Ave, Exit 6 Route 684 Bus Pick-Up: 10:00-10:30pm Bus Drop-Off: 3:30 - 4:00pm	
Dorchester, Massachusetts	Beethoven Ohrenberger School, 5125 Washington St West Roxbury MA Bus Pick-Up: 11:30-12:00 pm Bus Drop-Off: 1:30-2 pm	

Please note, these bus routes are subject to traffic and may be delayed due to issues out of our control. We will keep parents as updated as possible if times change.

Camper Transportation

NOTE NEW TIMES - Drop-off for the first day of each session is between 1pm and 3pm. Families will be sent a digital form to sign up for a time slot for drop off. Campers must be picked up between 10:00 & 11:00am. on the last day of camp.

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From Boston and Eastern Massachusetts	Take I95 (Route 128) north to Route 3 North to Exit 8, Route 101A West to Amherst and the Monadnock Region. Travel 7.5 miles west until you reach Route 101 West in Milford. Take a left onto Route 101 West toward Wilton/Keene. Continue on Route 101 West until you enter Peterborough. Turn right onto Granite Street (202 North) towards Hancock/Antrim. Continue 1.1 miles and turn right onto Sand Hill Road (across from the Riverhouse Hotel on your left). Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.	
From Concord, NH and points northeast	Take Route 202 West through Hillsborough and Antrim toward Peterborough. As you near the town of Peterborough, turn left onto Sand Hill Road (across from the Riverhouse Hotel). Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.	
From Keene, NH and points West	Follow Route 101 East to Peterborough. In Peterborough turn left onto Granite Street (202 North) towards Hancock/Antrim. Continue 1.1 miles and turn right onto Sand Hill Road (across from the Riverhouse Hotel). Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.	
From Jaffrey, NH and points South	Follow Route 202 east/north to Peterborough. Take a right at the light to stay on Route 202, passing the shopping center with the NH State Liquor store. Turn left onto Granite Street (202 North) towards Hancock/Antrim. Continue 10 miles and turn right onto Sand Hill Road. Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on your left.	
From Worcester, MA.	Follow Route I90 to Route 2-West. Follow Route 2-West to Gardner, Mass. From Gardner take Route 140 North to Route 12 North. In Winchendon, Mass. take a right onto Route 202 North and follow it into Jaffrey, NH. From there follow the directions above.	
From NYC and New Jersey	Take Route 195-N to New Haven, CT. In New Haven take 191-N through Connecticut and Massachusetts until you reach exit 3 in Brattleboro. Take exit 3 and follow NH 9-E and NH 101-E to Peterborough. Go through the lights in Peterborough; turn left onto Granite Street (202 North) towards Hancock/Antrim. Continue 1.1 miles and turn right onto Sand Hill Road. Go 3.9 miles up Sand Hill Road. The entrance to Brantwood Camp will be on	

your left.

GPS service	For your GPS use: 127 Brantwood Camp Road, Peterborough NH 03458 Brantwood is in a rural area; depending on who your carrier is there may be spotty or non-existent service. Consider downloading directions before you leave home.	
Approximate travel times	Boston: 2 hours Concord, NH: 1 hour Keene, NH: 45 minutes	Jaffrey, NH: 20 minutes New Jersey: 5 hours
Misc Drop Off Details	Caregivers and families will be asked to remain in their vehicles during drop off this year, and will be asked to sign up for a time slot for drop off. Please make sure to follow our staff's directions during drop off and pick up.	

Miscellaneous Details

Cell Phones and Other Non-Medical Electronic Devices	Campers are not permitted to have cell phones, E-Readers, personal gaming devices or anything that requires Wi-Fi. A residential camp experience is a unique opportunity to become more confident and independent in a safe and supervised environment. An important part of our commitment to your child is to minimize distractions so that each camper can fully focus on the Brantwood program, activities, and opportunities.
Communication	A member of the camp's staff will contact you via phone if there is a need to communicate anything about your child that is out of the ordinary (extreme homesickness, an illness or major injury, etc.). While your child is at camp, our priority is engaging your child in safe and fun activities, and providing supervision. If you have a particular concern you may call the camp's main office number at 603-633-0942 and a Brantwood staff member will call you back during a time that does not disrupt programming.

Parent/Camper Communication	
Snail mail and care packages	One of the best ways to alleviate homesickness and show your camper that you are thinking about them is to send mail. We encourage you to send letters and postcards frequently while your child is at camp. One great idea is to plan ahead and have a letter waiting for your child on the first day of camp – make the letter optimistic, encouraging, and envious. You may send your camper a care package of candy or treats while they are at camp. Please try to avoid candy and treats that have peanut butter. Care packages should be no larger than a Large Priority Mail Box from the post office. We do not have a place to store larger boxes.

Please note that your camper will only have access to their food package during designated times in an effort to reduce the risk of unwanted critters in the cabins. Please be sure to include your child's name on the care packages and letters.

US Postal Service address:

Peterborough NH 03458

Camper's name Brantwood Camp for Boys or Girls (whichever applies) PO Box 3350

UPS/FedEx package address:

Camper's name Brantwood Camp 127 Brantwood Camp Road Greenfield NH 04037

To encourage your camper to write home, please send them with writing materials including pre-addressed, pre-stamped envelopes.

Please Leave at Home:		
Chewing gum Cigarettes, cigars and vaping pens Chewing tobacco Matches or lighters Jewelry (especially if it's meaningful) Expensive, important, or sentimental clothing or other items	Fireworks (including sparklers) Make-up, hairspray, perfume Hair dryers/curling irons Non-medical electronics of any kind (iPad, iPod, Video games)	Lighters / Matches Aerosols Alcohol Drugs Cell phone

If these items are brought to camp they are subject to confiscation for the whole term. This list is non-exhaustive and Brantwood reserves the right to deem other items inappropriate for camp on a case-by-case basis. Items deemed inappropriate for camp will be confiscated for the duration of Term and returned to the camper's authorized pick-up person at pick-up. Illegal materials will be turned over to Greenfield police.







Smile, You're on Camera!

Photographs and Media	Caregivers have the option whether or not to give permission for photo/media release of their camper while they are at Brantwood. If you did not give permission, your camper will not be featured in photos/media while in attendance.
Cabin Assignments	Campers are assigned to cabins based on age and number of years at Brantwood. There are Junior & Senior Cabins that are split based on the average age of campers in attendance during that term. Though Junior & Senior Cabins are split for many sports/physical activities, the whole camp does have several opportunities to be together including meals, and rest hours.
Lost and Found	All personal items should be marked with the camper's name in permanent marker. Every effort will be made to return lost or misplaced clothing or belongings. However, the camp is not responsible for campers' personal belongings. Please see information about Mabel's Labels!
Facebook & Photo Sharing	Our Staff attempt to take regular photos of our campers during the term. Their priority is the health, safety, & engagement of your camper so we will not be posting on social media daily.
Camper Behavior	Brantwood Camp staff are trained to set clear expectations for camper behavior within their cabin group and at each activity. Campers are encouraged to do their best in all aspects of the camp program and to work to make positive contributions to the camp community. In rare circumstances, the camp directors may make the decision to have a camper leave the program before the end of the session as a result of their behavior. A non-exhaustive list of unacceptable behavior at Brantwood is below: • Demonstrating dangerous or aggressive behavior • Threatening their own safety or the safety of others • Showing difficulty following safety rules • Smoking or vaping • Experiencing difficulty living in a cabin setting • Not participating in offered activities • Displaying other behavior disruptive to the camp community. Parents of a dismissed camper are responsible for transportation home for their child. If Brantwood provides the transportation, the family of the camper will be charged for round trip mileage and staff time.

Activities can include, but are not guaranteed or limited to:

Leadership Training Games
Nature Education Sessions
Swimming/Pool Time
Sporting Events
Ropes Course
Arts & Crafts

Camping (Pitching tents, making fires, etc)
Watercraft (canoeing, kayaking)
Hikes

Preparing for Camp

Summer camp is often a new experience for parents as well as children. There are many ways to support your child as they prepare for sleep-away camp.

- Go over the camper expectations, rules, and responsibilities with your camper. Ask your camper to identify which items they may have trouble adhering to and talk about how they'll be successful at camp.
- Begin preparing your camper by talking positively about camp. Embrace "going" to camp rather than being "sent away to camp."
- Try saying "I want you to have fun at camp." "This is a great opportunity for you to experience something amazing." "I will take care of things here. You go and have a great time."
- Build up your camper's enthusiasm by talking about some of the activities and the opportunities to make new friends.
- Please avoid saying, "If you don't like camp, you can come home." Children who are experiencing difficulties adjusting to camp sometimes just give up and focus on going home.
- Speak openly about homesickness before camp and let your camper know it is a natural feeling for everyone. Children who have the opportunity to work through feelings of homesickness feel a tremendous sense of pride and accomplishment.
- It is ok to mention the less glamorous realities of camp such as bugs, rain, and communal living. They will have their bug spray, rain gear, and their own bunk. Discuss the positive ways your child can benefit from being away from home.

We find it helpful to make sure that campers and their families are aware of Brantwood's expectations before they arrive. First and foremost, it is crucial that each camper wants to come to Brantwood and is ready to approach our program eagerly. We ask that our campers strive to live up to Brantwood's Ideals: Honesty, Loyalty, Cooperation, Good Sportsmanship, Unselfishness, and Respect.

Camper Rules

- I will use polite language when talking with others
- I will keep my hands and feet to myself
- I will accept diversity as part of the camp experience
- I will not fight or be disruptive
- I will follow directions

- I will wear shoes at all times
- I will stay with my group
- When riding a bus I will sit in my seat facing forward, keep my hands and feet in the bus, and follow instructions from the driver or Brantwood staff.

Camper Expectations:

- I will engage in activities, so I have fun
- I will ask for help when I need it
- I will be respectful of others
- I will be open-minded about new experiences
- I will help other campers
- I will endeavor to have a positive attitude
- I understand that if I do not follow the rules I may be asked to leave camp

A typical daily schedule

7 a.m.	Rising bells
7:15 a.m.	Morning exercises at flagpole
7:45 a.m.	Breakfast
8:30 a.m.	Duties: each cabin cleans up an area of camp
8:45 a.m.	Daily cabin cleanup
9:30 a.m.	Chapel: inspirational talk by a counselor
9:45 a.m.	Activity Period 1
10:45 a.m.	Activity Period 2
11:45 a.m.	Activity Period 3
1 p.m.	Lunch
1:45 p.m.	Rest hour: quiet activities in cabin
2:45 p.m.	Activity Period 4
3:45 p.m.	Activity Period 5
4:45 p.m.	Activity Period 6
6 p.m.	Dinner
6:45 p.m.	Evening program or free time
8:30 p.m.	Campfire: sing-alongs, skits, games
9:30 p.m.	Lights out

Homesickness

Feeling homesick is a natural part of every child's experience at summer camp. Parents or guardians can have a tremendous impact in helping a child work through homesickness. Brantwood finds these things helpful:

- Send plenty of mail but make sure the letters have a happy tone.
- Supply your child with paper, stamps and addressed envelopes so they can write letters home.
- If you receive a homesick letter from your child don't be alarmed. Many campers complain because others are doing so, because they need reassurance, or because they feel guilty for having such a good time.
- Feel free to contact us for an update on your child.
- Have positive conversations around going to camp before your camper arrives at Brantwood. Refrain from saying you are "sending [camper] away" and instead use positive language like "I'm so excited that you [camper] get to go to Brantwood this year!".
- A homesick letter is a snapshot of a particular moment for your child: by the time you receive the letter chances are excellent that the moment has been forgotten.
- A parent missing a child is just as common as a child feeling homesick. If you are feeling "kid-sick" talk to other parents or friends about your feelings, but don't share them with your child.
- There are no cell phones or social media allowed for campers while at camp. This can be a big change for our campers, but also for our caregivers and families! You can keep in touch with mail, and our staff does try to regularly post on our social media as well though their main focus is your campers so please keep that in mind.
- Before your child leaves for camp emphasize that you are glad they have the opportunity to go to camp. Acknowledge that you will miss them, but don't emphasize your unhappiness.
 Tell them your plans for when they are away – but don't make them too exciting!
- For some campers, it is harder to overcome homesickness. If this happens, the camper's counselor sits down with the camper and offers some concentrated personal attention. One of our primary goals is encouraging children to become independent. Homesickness is a feeling children learn to manage, not eliminate completely. By working together parents, staff, and sponsors we can help each child have fun at camp.

Resources

For any questions or further clarification, please contact our staff at 603-924-3542 or email us at brantwood.org www.brantwood.org

View photos and get information from the official Brantwood Camp website.

Follow Brantwood Camp on Facebook.
The official Camp page is: Brantwood Camp

These two websites are great resources for parents of campers:

www.acacamps.org www.campparents.org

